

# tweakz®

## For Braces

4-in-1 Ortho Care Tool & Travel Case

- 1 Remove and replace rubber bands
- 2 Remove dislodged brackets, elastics & debris
- 3 Smooth rough spots that cause ulcerations
- 4 Safely cuts and holds sharp wires



## DIRECTIONS

This professional grade tool is meant to assist when the following issues occur during treatment:

### Attaching or Removing Rubber Bands to the Hooks or Bands Assigned to Treatment Protocol.

1. Open the tweakz 4-in-1 Upper and Lower Arms to rotate open the **1 Rubber Band Applicator** attachment and slide it around until it comes to a full stop.
2. Put the elastic into the deepest part of the sickle shaped tool where it forms a U and then put onto first hook.
3. Stretch the rubber band to second hook in mouth and place around by lifting up and around once rubber band is secure.

### Bracket Visibly Detached from Tooth Surface.

1. Open the tweakz 4-in-1 Upper and Lower Arms to rotate open the **2 Dental Pick** attachment and slide it around until it comes to a full stop.
2. Locate the elastic that's embedded around the bracket.
3. Hold the bracket and gently place the **Dental Pick** underneath or above the center of the bracket to get underneath a part of the elastic.
4. Gently pull towards you to gain a little space between the elastic and bracket while gently pulling to one corner and the other to remove elastic.
5. With your hand that's holding the bracket, remove and place in a zip lock bag to take to your next scheduled visit.
6. If the bracket doesn't have an elastic around it but a sliding door with a small hole at its center, place the **Dental Pick** into the hole and move upward to open on maxillary arch (top set of teeth) and move downwards on mandibular arch (lower set of teeth).
7. If you find there is debris or food stuck in between teeth, around the bracket, gently place the **Dental Pick** onto the surface of tooth and food/debris interface and gently move outward towards the mouth.

### Sharp Hook, Band, or Bracket Irritating Cheek, Lip, or Soft Tissue.

1. Open the tweakz 4-in-1 Upper and Lower Arms to rotate open the **3 Diamond Dental File** and slide it around until it comes to a full stop.
2. Locate the sharp spot as you move the file in a back and forth direction until smooth and no longer problematic.

### Sharp Wire Rubbing Against Cheek, Gum or Vestibule.

1. Adjust the **Spring** on the **Lower Arm** by folding it towards the **4 Wire Cut n' Grip**. This will create resistance between the **Upper and Lower Arm**.
2. Use your finger to pull your cheek outward to locate the wire and its position.
3. Gently place the tool with the **Wire Cut n' Grip** around the wire.
4. Move the **Wire Cut n' Grip** tool flush against the band or bracket where the wire is sticking out.
5. Press the **Upper and Lower Arms** together and when you feel it cut, continue to keep the **Upper and Lower Arms** in a closed position to grip the cut piece of wire and safely remove the **tweakz 4-in-1** tool from your mouth.
6. Release the **Upper and Lower Arms** and discard the cut piece of wire.
7. Close your **tweakz 4-in-1** tool by folding the **Spring** away from the **Wire Cut n' Grip** so the **Upper and Lower Arms** are no longer engaged.

### Cleaning your Tweakz.

Clean the **tweakz 4-in-1** tool with soap and water or wipe with alcohol to disinfect.

Call your Orthodontic office the next business day to schedule an appointment that works best for your schedule.