

tweakz® For Aligners

4-in-1 Ortho Care Tool & Travel Case

- 1 Remove retentive aligner trays
- 2 Remove and replace rubber bands
- 3 Remove elastics and debris
- 4 Smooth rough spots that cause ulcerations



DIRECTIONS

Aligner Removal.

1. Open the tweakz 4-in-1 to rotate open the **1** Aligner Remover attachment and slide it around until it comes to a full stop.
2. Gently place the Aligner Remover tool toward the back of the aligner by the first molar on either side.
3. Position at an 90 degree angle between edge of aligner margin and gum line.
4. Slowly push downward towards mouth on upper arch and upwards on lower to remove aligner.

Difficulty Attaching or Removing Rubber Bands to the Attachments.

1. Open the tweakz 4-in-1 to rotate open the **2** Rubber Band Applicator attachment and slide it around until it comes to a full stop.
2. Put the elastic into the deepest part of the Rubber Band Applicator where it forms a U and then put onto first attachment.
3. Stretch the rubber-band to second attachment and attach by lifting up and around once rubber band is secure.

Food or Debris Stuck Between Teeth or Around the Attachment.

1. Open the tweakz 4-in-1 to rotate open the **3** Dental Pick attachment and slide it around until it comes to a full stop.
2. Gently place the pick onto the surface of tooth and food/debris interface and gently move outward towards the mouth.

Sharp Attachment or Sharp Piece of Aligner Causing Ulceration or Irritation Around Cheek, Lip or Soft Tissue.

1. Open the tweakz 4-in-1 to rotate open the **4** Diamond Dental File and slide it around until it comes to a full stop.
2. Locate the sharp spot as you move the file in a back and forth direction until smooth and no longer problematic.

Cleaning your Tweakz.

Clean the tweakz 4-in-1 tool with soap and water or wipe with alcohol to disinfect.



t w e a k z[®]

For Aligners

4-in-1 Ortho Care Tool & Travel Case